

CERTIFICATE OF PARTICIPATION

This is to certify that

Paul Lydes-Uings

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #7

held at Cowhouse Market.

TIME 02:44:26

PACE 05:39/km

OVERALL 21 of 27

GENDER 18 of 22

OPEN 10 of 12

12 November 2017, Sun

Date



BoutTime

Signature

